

**EXTRA CURRICULAR
PROGRAMME
WINTER 2016**

Monday

Tuesday

Wednesday

Thursday

Friday

LUNCH

- * Exam Classes Catch Up (AAK)
Group Room
- * Y7 & 8 Girls Football (GRY)
Astro/Boys Gym
- * Y7 & 8 Badminton (KWI)
Sportshall
- * Multi-Sports Club (RTU)
Girls Gym
- * Y10-13 Fitness (CNE)

- * Girls Fitness (RBU)
Boys Gym
- * Y7 & 8 Basketball (ARI)
Sportshall
- * Y9-11 Gymnastics (ECH)
Girls Gym
- * Y10-13 Fitness (LCO)

- * Girls Gym & Dance (RTU)
Girl Gym
- * Y7 & 8 5-Aside Football (CNE)
Sportshall
- * Y9-11 Dodgeball (DBE)
Boys Gym
- * Y10-13 Fitness (AAK)

- * Y9-11 Badminton (GBA)
Sports Hall
- * Y7 & 8 Tchoukball (ARI)
Boys Gym
- * Y9-13 Fitness (KHL)
(Year 9s allowed)

- * Y9 & 11 5-Aside Football (DBE)
Astro
- * All years Girls Strength & Conditioning (RBU)

AFTER SCHOOL

- * Y8 Netball (LHO)
Courts
- * Y11 & SEN Hockey (MLA)
Astro
- * Y7 Football (AAK, RBE)
Field
- * Y11/SEN Football (CNE)
Field
- * Y 8 Football (DBE, ARI)
Field
- * Girls Fitness (RBU/RTU)

- * Y8 Hockey (RBU)
Astro
- * Y10 Netball (RTU)
Courts
- * Y10-SEN Netball (LCO)
Sportshall
- * Y9 Rugby (NAT)
Field
- * Y10-SEN Rugby (ECH & ARI)
Field

- * Y7 Netball (RBU/LCL)
Courts
- * Y9 & 10 Hockey (RTU)
Astro
- * Y9/10/11/SEN Girls Football (AAK/CNE)
Bottom Field
- * Y10 Football (KWI)
Field
- * Y8 Rugby (KHL)
Field

- * Y7 Hockey (GRY/RTU)
Astro
- * Y9 Netball (SRA)
Courts/Sportshall
- * Y9 Football (KHL)
Field
- * Y7 Rugby (KWI, DBE)
Field
- * Y7 & 8 Badminton (JWE)
Boys Gym

- * Basketball Mania (ECH, SBE)
Sports Hall

Get involved!