



READING IS  
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## LC1 Famous French Sports people

### Year 8 MFL Reading homework



France is known for many things. The food, the fashion, the café culture, and of course sports! Just last year in 2018 the French national football team won the World Cup; counting the second World Cup title for *les bleus*.

And it's not just in football that French athletes excel, they've made their mark in the realms of tennis, basketball, wrestling and rugby, too. Just to name a few. So let's discover the top 20 famous French sportspeople!

#### 1. Kylian Mbappé



Known by many as simply “Mbappé”, this football superstar is most definitely one of the top 10 famous French athletes. At just 20 years old, Kylian Mbappé has made quite the impression on the French sports world.

In 2018, he became the second teenager in history to score in a World Cup final, and was certainly one of the highest-paid teenage athletes. Boasting a starting forward position with Paris Saint-Germain and a French World Cup victory already under his belt, Mbappé plays to win.

#### 2. Amélie Mauresmo



Easily the most famous French female tennis player, Amélie Mauresmo is a household name in France. In 2004, Mauresmo was ranked the N°1 singles tennis player in the world, and held onto her title for several months while competing in several grand slams. Now retired, Amélie had a brilliant 15-year career; claiming two grand slam titles (Australian Open and Wimbledon) as well as a silver medal for France in the 2004 Summer Olympics.

After her retirement in 2009, Amélie turned to coaching. She has coached professional tennis players all over the world; perhaps most notably British champion Andy Murray.

### 3. Didier Deschamps



Known today for his famous scowl on the sidelines as he coaches the French national team, Didier Deschamps is a retired French footballer himself. And one of the most famous French sportspeople at that! Before becoming the coach of the French national team in 2012, Deschamps was a defensive midfielder for several prestigious club teams. His remarkable athletic career includes a World Cup victory in 1998 as well as long standing stints with clubs like Juventus, Chelsea and Marseille.

### 4. André the Giant



By John McKeon on Wikimedia Commons

Measuring a massive 7ft. 4 (224cm) André René Roussimoff, better known as André the Giant was a professional French wrestler and actor. His immense height catapulted him to international fame, in the wrestling world as well as in several advertising campaigns. He famously sparred against Hulk Hogan in 1987, but is perhaps better known for his role as Fezzik the Giant in hit film *The Princess Bride*.

### 5. Jeannie Longo



Born and raised in Annecy, France, cyclist Jeannie Longo is one of the most famous French sportspeople. And by a long shot. She began cycling in 1975 and continued competing until 2012; an impressive longevity in any sport! Longo holds many titles and was considered the best female cyclist in the world for well over a decade. Not only was Longo a 25-time French national champion, she was named world champion 13 times and has four Olympic medals.

### 6. Yannick Noah



Yannick Noah has been named France's highest ranked tennis player, and he has held onto the title for decades! Noah is the most recent Frenchmen to win the French Open (for singles in 1983) and has 23 prestigious career titles to his name. And not only is Yannick Noah a veritable tennis legend, he's also quite the musician.

After he retired from his tennis career in 1991, Noah has become a successful French pop singer. Today he has a successful career as a musician and contributes his free time to philanthropic efforts. He's even founded his own charitable foundation *Fête le Mur* which helps underprivileged kids in Paris' suburbs.

## 7. Laure Manaudou



Laure Manaudou is one of the most well-known French swimmers of all time. In the early 2000's, Manaudou set multiple world records in freestyle 200-1500 meter swimming events at European and World championships. In 2004, she competed at the Athens Olympics and won a gold medal for freestyle swimming.

After a short yet vibrant career, the champion swimmer retired at just 22 years old. Today, her younger brother Florent continues the family swimming tradition with lots of support from his elder sister. In 2012, Florent Manaudou was awarded an Olympic gold medal for his impressive performance in the 50 meter freestyle. His sister was poolside to congratulate him, and the two continue to support each other in their love for the sport.

## 8. Tony Parker



William Anthony Parker Jr. or Tony Parker is a retired French-American basketball star, and definitely one of the 10 most famous French sportspeople! Tony Parker was born in Belgium, but grew up in France where he developed a love and a talent for basketball.

Parker started his career in France where he played for Paris Basket Racing in the French Basketball League. After just two years, he was drafted by the San Antonio Spurs (NBA) and continued his career playing for the Texan team as a Point Guard. During his time with the Spurs, Parker won four NBA Championship titles and participated in six all-star games. In 2015, Parker played for the French national team, helping them defeat Lithuania, and earning him an MVP title.

## 9. Vincent Moscato



Born and raised in Paris, Vincent Moscato is a former French rugby player. Certainly one of the most well-known French rugby players, Moscato left his mark on the sport. He played for Bordeaux for nearly two decades as a talented hooker, earning various accolades including Champion de France in both 1991 and 1998. Since his retirement in 2004, Moscato has pursued a career in sports entertainment, earning him even more fame.

But perhaps he's best known for his current position as an actor and radio show host. Moscato has been in dozens of films, as well as showcased his talents on the theater stage. Today, he even has his own broadcast on RMC *The Super Moscato Show* where he discusses various sports with a humorous twist.

## 10. Zinedine Zidane



Zinedine Zidane (or Zizou for most French people) is one of the most famous footballers of all time. Growing up in a rough quarter of Marseille, his mentors encouraged him to channel his anger and frustrations into football. That was piece of advice that he never wavered from during his twenty-year career.

Zidane started playing football with neighborhood kids at just 5 years old, and made his professional debut as an offensive midfielder at 17 playing for Cannes. This young player was immediately noticed for his incredible dribbling talent as well as his fierce determination.

Zidane went on to play professionally for Bordeaux, Juventus and eventually Real Madrid. In 2001 he signed to Real Madrid for a world record breaking fee of 150 billion Italian lire (today equivalent to around €77 million). Zidane had a successful career overall and his accolades include 3-time FIFA player of the year, the 1998 World Cup victory and the 1998 Ballon d'Or. After retirement, Zidane channeled his love for the game into coaching. Today Zidane is the head coach of Real Madrid, coming full circle in his football journey.

1. How old was Mbappé when he made an impression on the French sport's world?
2. How tall is the French wrestling giant?
3. The cyclist Jeannie Longo, how many Olympic medals has she got?
4. Yannick Noah, what other talents does he have apart from being a French tennis legend?
5. Where did Zinedine Zidane grow up?



## Different Benefits of Reading Books



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Year 8 MFI reading  
homework

LC2

## Cycling on Mountain Bikes



Falling off! coming a cropper headers taking a purler

competition competitive competitor

### Phrases

accelerating down the hill	pedalling like mad to the finish
braking too late	ploughing through the puddles
carrying your bike on your shoulder	protective safety helmet
climbing the steep incline (hill)	puncturing your tyre
crashing into a hedge	pushing the bicycle up a steep gradient
cycling through the muddy puddles	racing down the steep, slippery hill
falling over the handle-bars	rutted, uneven surface
free-wheeling down the hill	sprinting to the finish
front fork broken	strong, rugged frame, with wide tyres
head down low over the handle-bars	toe straps tightened
inaccessible to cars	trying to overtake
keeping your balance	tumbled off and fell to the ground
light weight machine	twenty-one gears
out of the saddle	winning the race

### Vocabulary

accident	climbing	gears	puddles	thrilling
adjustment	crashing	hazardous	puncture	tyre
adventure	cyclist	lubrication	retire	uncontrollable
ascending	damage	maintenance	rutted	valves
bicycle	dangerous	muddy	saddle	weather
brakes	descending	nervous	slippery	wheelies
buckled	exhausted	overtake	special	windswept
chain	frame	pedals	speeding	windy

## Cycling



### Track-velodrome

men and women sprint, team sprint keirin team pursuit omnium

### Mountain Bike

men and women cross country

### Road

man and women road race  
men and women time trial

### BMX

men and women individual

### Phrases

attacked around the bend  
banking – superelevation  
completed a victory lap  
congratulated by team mates  
countering a strong attack  
crossing the winning line  
dead heat!  
flew out of the blocks  
hands raised, the winner crossed the line  
head down low over the handle bars  
keirin paced by the Derny bike  
momentous victory  
out of the saddle

peddling like mad to keep in contact  
proudly stood on the podium  
qualified for the final  
spectators waved their country's flag  
sprinted for the line  
toe straps tightened  
using the slope of the velodrome to good use  
waited impatiently for the result  
warmed down on the 'fixed' cycle  
waved to \_\_\_\_\_ in the crowd  
won by the thickness of a tyre  
wore an aerodynamic helmet  
world record broken

### Vocabulary

accident	crashing	gears	pedals	slippery
accelerated	cyclist	handle bars	peloton	speed
adjustment	Derny bike	lubrication	puncture	streamlined
bicycle	disqualified	maintenance	qualify	tactics
buckled	exhausted	official	racer	thrilling
chain	frame	overtake	saddle	tyres



1. List 6 cycling events that take place in a velodrome.
2. Can men and women compete in mountain bike competitions?
3. Can both men and women compete in BMX individual races?
4. What is the adjective used when standing on a podium?
5. What is the phrase that is used for falling off?



# READING IS GOOD IDEA

## LC3 Reasons to learn a language



### Year 8 MFL Reading homework

Becoming multilingual can improve your life in ways you can't even imagine. Start learning a new language right now!



Learning a foreign language can literally change your life: increase your self-esteem, jumpstart your professional life and more. Despite this, it is something that most people only pursue if relocation or other life circumstances require it. This is a shame because developing an understanding of languages offers a wide array of benefits. You might think that knowing a foreign language is only necessary when interacting with a person who speaks that language. However, the very act of becoming multilingual can improve your life in ways you can't even imagine.

#### 1. Communicate with people all over the world

Many people assume that English is the most commonly used language on Earth, but that isn't the case. It's true that many countries around the globe cater to English speakers, especially in business and travel hubs. However, Mandarin is the most spoken language, Spanish is the third and French is the 18th. In total, they count for 1.5 billion speakers worldwide representing over 21% of the global population. Learning either of these languages will be a major boost to your ability to communicate internationally.

#### 2. Develop new career options

The fact that learning a foreign language can help your career is a major selling point for many people. Whether you're an entrepreneur looking to become the next global household name or simply someone who travels a lot for work, being multilingual could create new possibilities for you.

#### 3. Climb the ladder in your chosen career

Maybe you don't want to seek out new career options but would rather move up within your current company. If so, adding new skills to your resume is an excellent way to convince your superiors that you're ready. It doesn't matter what sort of work you do. Almost all jobs require you to interact with others, and there might be times that those you interact with speak a foreign language.

#### 4. Expand your mind

Language is a habit. Every day, we practice our native language. Not only is this true while we are actively engaging with others, but also when we are contemplating things on our own. Can you envision what it would be like to think in a foreign language? Polyglots often realize that they are different people when speaking a foreign language. They have a different personality, a different voice. That's why learning a new language life-changing experiment with the potential of showing you a different side of you. Aren't you curious about discovering your alternate personalities? With so many languages you can learn there are tens of different sides of you. Why not give it a try now. It only takes a few minutes to learn the most common Spanish words.

#### 5. Slow the aging process

Learning new things can help your brain stay active as you age. It's never too late to learn something new, especially if it can sharpen your thinking. In fact, research has shown that older adults are equipped to learn foreign languages, and doing so can help slow the aging process. While it's true that young children learn a language the easiest, with a little effort, an older adult can become fluent as well. As you grow, learn and continue to expand your mind, you may notice an increase in mental sharpness. You can start by looking over some popular French phrases.

#### 6. Cultivate creativity

Challenging your mind can increase your creativity as much as it improves your memory. An active mind is a creative mind. When you teach your brain to do something differently, it will begin exploring in other ways as well. If you're creative minded but have found yourself in a bit of a funk the past few years, learning a new language might provide you with the boost you need.

## 7. Develop a better understanding of your own language

Exposing yourself to a fresh style of speech and language structure can help you gain a better understanding of your native language as well. Often, children learn English through memorization and practice rather than having a deep understanding of the structure of the language itself. Speaking in a foreign language helps you notice these differences in structure and gain a better understanding of how your own language functions. This is ideal for writers or other professionals who would like to improve their native skills on top of learning the new language.



## 8. Become a strong member of society

If you subscribe to the worldview that every individual contributes something important to the whole, then you'll realize how important learning a foreign language can be. As a multilingual, you'll be the translator, the communicator and the one who bridges cultures. Every educated human being makes this world a better place. Wouldn't it feel good to know that you're playing a key role?

## 9. Feel attractive and interesting

Do you struggle to make small talk at events or parties? Have you often wished that you feel like a more interesting person? Knowing a foreign language is always an excellent conversation starter, and it can improve self-esteem. You might even meet someone who speaks the same foreign language and have something fun in common. As Spanish is one of the most popular languages in the world you might want to start by learning a few [Spanish phrases](#).

## 10. Experience a deeper connection

Learning a foreign language naturally exposes you to aspects of other cultures that you might not have been familiar with before. Many of the barriers between cultures are based on meaningless fear, and by immersing yourself in other cultures, you will be helping to break through those barriers. Not only will you improve your life and better yourself as a person, but you'll also be a positive influence on others.

1. Which is the most commonly used language on earth? (Section 1)
2. What do almost all jobs require you to do? (Section 3)
3. Why is learning a new language a life changing experiment? (Section 4)
4. How does learning a foreign language help you understand your own language better? (Section 7)
5. What does learning a foreign language expose you to? (Section 10)



**Different  
Benefits  
of  
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## **LC4 Raymond Blanc**

### **Year 8 MFL Reading homework**



KING JAMES'S SCHOOL  
KNARESBOROUGH

**Raymond Blanc OBE** (born 19 November 1949) is a French chef. Blanc is the chef at Le Manoir aux Quat' Saisons, a hotel-restaurant in Great Milton, Oxfordshire, England. The restaurant has two Michelin stars and scored 9/10 in the Good Food Guide.



Raymond is simply one of the finest chefs in the world. His exquisite cooking has received tributes from every national and international guide to culinary excellence that there is. He was born in a tiny rural village near Besançon, in eastern France. He states that his two greatest inspirations were the beauty of the Franche-Comté region, between Burgundy and the Jura mountains, and his mother, who lovingly created family meals bursting with fresh, local and seasonal flavours.

His culinary journey began in 1972, when he worked as a waiter at the Rose Revived Restaurant near Witney. After one of the chefs became ill, Raymond took over and within 2 years and the rest, as they say, is history. Under the guidance of Raymond it took just 2 years for the restaurant to gain entry into the Michelin Guide.

At the age of just 28, Raymond Blanc then opened his first restaurant, 'Les Quat' Saisons' in Summertown, Oxford, which he ran with his wife Jenny. After just one year, the restaurant was named Egon Ronay Restaurant of the Year and a host of other accolades including Michelin Stars and Pestle & Mortar awards followed.

Just 4 years later, in 1981, Blanc opened a chain of boulangeries and pâtisseries called Maison Blanc that also contain cafès. There are currently 14 branches of Maison Blanc across the country, including several in London and one in Oxford. Maison Blanc cakes are sold nationwide in Waitrose.

Raymond's biggest year came in 1984 when he fulfilled a personal dream of creating a hotel and restaurant that worked together in unison. He opened Le Manoir aux Quat' Saisons in Great Milton, Oxford, which is the only country house hotel in the UK which has achieved two Michelin Stars for a total of 16 years and sustained the Relais and Chateaux Purple Shield.

In 1996, the first Le Petit Blanc brasserie opened in Oxford. Raymond's aim was to be the best within the brasserie scene in England - serving good quality, freshly prepared food at a price that was accessible for all. Subsequently, a second Le Petit Blanc opened in Cheltenham in February 1998, and a third opened in Birmingham September 1999. The fourth brasserie opened in Manchester in November 2000. They are the only brasseries in the United Kingdom that have achieved the Michelin Bib Gourmand.

He is also one of the patrons on the Children's Food Festival, which was held on the Northmoor Trust Estate in south Oxfordshire in June 2009.

Raymond Blanc has advised supermarkets and airlines, written several books and is the driving force behind The Restaurant TV series. An established Anglophile, he has also contributed to public debate on British beef, organic farming and GM foods. He is a passionate, entertaining and inspiring speaker and is represented in London, England, by Useful Talent. IMDb Mini Biography.

1. Le Manoir aux Quat' Saisons is Raymond's hotel-restaurant. Where is it situated?
2. Where was Raymond Blanc born?
3. What was his job in 1972?
4. How old was he when he opened his first restaurant?
5. What was the name given to his restaurant in Oxford after one year?
6. In 1981 Raymond Blanc opened a chain of establishments called Maison Blanc, what were they?



7. Maison Blanc cakes are sold to which nationwide supermarket?
8. How many Michelin stars does the country house hotel, Le Manoir aux Quat' Saisons have?
9. What is the name of the brasserie in Manchester?
10. Where was the children's Food Festival held?



## Different Benefits of Reading Books