



# READING IS GOOD IDEA

## LC1 A trip to Paris

### Year 9 MFL Reading homework



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There are so many iconic places to visit in Paris, it's hard to know where to start. This three day itinerary gives you some ideas of what to see if you're only in Paris for a few days and want to make the most of your time.

As walking around museums can be quite tiring, we've spread the big ones out over three days so you don't get overwhelmed. There are tips for avoiding queues, getting the best price on attractions and addresses of bars, restaurants and cafes for pit stops along the way.

The centre of Paris is just 2hrs 16 mins away with Eurostar and with up to 15 trains a day, there's a timetable and price to suit everyone.

#### DAY 1: The Left Bank

This is the area south of the river where the 6th and 7th districts are located, home to the Musée d'Orsay, the Eiffel Tower, Les Invalides, Napoleon's Tomb, the Rodin Museum and some of the city's most beautiful streets.



Morning at the Musée d'Orsay

It's going to be a busy day so, if your hotel package doesn't include breakfast, set yourself up for the day with a hearty feast and a good cup of coffee at [Eggs & Co](#), or for a more traditional Parisian breakfast at [Café de Flore](#). If you're on a budget, just buy some pastries from a boulangerie and eat on the move.

Today you're starting with one of the most beautiful museums in Paris, the [Musée d'Orsay](#). This museum of 19th and 20th-century art is housed in a stunning old railway station on the banks of the Seine, just across from the Tuileries Gardens. Give yourself at least 2 hours to explore the vast selection of art, sculpture and design and to just appreciate the beauty of the space.

Try get to the Museum at 9:30 am when it opens to avoid the queues.

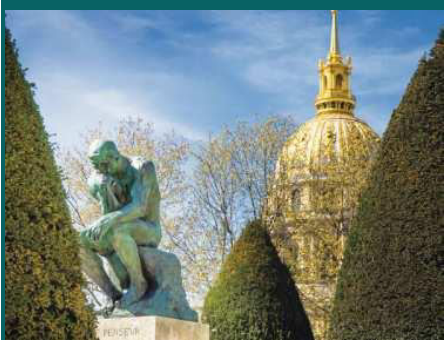
In France, museums are closed either on Mondays or Tuesdays so check before you plan a visit. Both the Musée d'Orsay and the Rodin Museum are closed on Mondays.



Lunch on the river

When you've had your fill of fabulous art, head west along the river past the Assemblée Nationale to Les Invalides (it's about a 10-minute walk), stopping for lunch at [Rosa Bonheur](#), a restaurant and bar on a barge moored next to the beautifully ornate Alexandre III bridge.

If the weather is good, get yourself a seat on the terrace and enjoy views of the Grand Palais across the river and the Eiffel Tower further to the west.



Les Invalides and the Rodin Museum

After lunch, take a stroll up the Invalides gardens towards the [Army Museum](#) and its golden dome. If you're a military enthusiast there is lots to see within the complex, including a museum dedicated to military models of towns. You can also visit the main courtyard for the tanks and artillery collection, and the tombs of famous soldiers, including Napoleon, who has pride of place under the dome.

If sculpture is more your thing, the [Rodin Museum](#) is just around the corner on Rue de Varenne, to the side of the Army Museum. Set in an 18th century mansion, the museum and its gardens are a stunning setting for Rodin's beautiful sculptures and a haven of peace and tranquility on a busy day.



The Eiffel Tower and the Champ de Mars

Next stop, Rue Cler, just a short walk from Les Invalides and one of the best street markets in Paris (it was Julia Child's favourite street). Take a wander into La Fromagerie at number 31 for some smelly cheese tasting and pick up a perfectly ripe Brie. Then pop into [Les Grandes Caves](#) at number 55 for a bottle of delicious red. Now all you need is a crusty baguette, and you have all you need for a picnic on the Champ de Mars as the sun goes down behind the Eiffel Tower.

If you fancy the views from the top of the tower be prepared for long queues. There are several ticket options available and you can also buy fast track tickets online with specialist agencies, but they are very pricey.

If you are fit and able, you can walk up the stairs to the second floor and take the lift to the top from there. It cuts down on the queues and is considerably cheaper than getting a lift all the way from the bottom.

The cheaper tickets will just get you on the lift to the second floor, not to the top where the best views are.

## DAY 2: The Louvre, Centre Pompidou and the Marais

Today is a day of contrasts, taking you from the ultra modern pyramid of the Louvre to the quaint winding streets of the Marais via historic Palais Royal and an icon of 20th century architecture.



Breakfast at the Louvre

Start your morning in style with breakfast and a view of the Louvre Pyramid on the terrace of the glamorous [Café Marly](#), or head upstairs in the Richelieu wing to the [Café Richelieu](#) and try the famous [Angelina](#) hot chocolate and pastries. Once you've had your caffeine and sugar hit you should be ready to head for the Museum.

The Louvre is the biggest museum in the world, covering 60,000 square metres (652,300 square feet), so there is no way you can see it all in one day, let alone one morning. In fact, it's been calculated that it would take 100 days to see everything in the Museum. So, plan what you want to see in advance and be realistic. You can always come back another time.

Top tip

Avoid the main entrance when it's busy and use either Galerie du Carrousel from the Commercial Centre, or Porte des Lions on the river side of the building.



Lunch at Palais Royal

Time to sit down, have some food and rest your feet. Exit the Louvre on the Rue de Rivoli side and walk the short distance to Rue de Valois. Take one of the entrances into the Palais Royal on the left hand side of the street and walk through into the gardens.

There are several high-end restaurants in the arcades, but you'll also find more modest establishments like Cafe Kitsune and Villalys on the far side of the gardens, where you can have a very pleasant lunch on the terrace.



The Pompidou Centre

It's about a 20 minute walk from Palais Royal to the Pompidou Centre, or you can hop on Metro line 1 from Palais Royal - Musée du Louvre to Hotel de Ville, and walk up Rue du Renard.

The Pompidou Centre houses collections of modern art and industrial design and is considered one of the most influential buildings in 20th century architecture.

It was designed by architects Renzo Piano and Richard Rogers in the 1970s, and since then its distinctive brightly-coloured exterior has become one of the must-see sights in Paris.

For the rest of the afternoon head into the trendy Marais district, a short walk east of the Centre.



A walk around the Marais

Take Rue Rambuteau at the back of the Pompidou Centre and continue past the National Archive building along Rue des Francs Bourgeois into the heart of the Marais. This district has a very different feel to most parts of Paris, there are no wide boulevards and grand 19th century buildings, here the streets are narrow with a medieval feel.

Grand 13th century mansion houses are hidden behind high walls and unmarked gateways and many have now been turned into hotels or museums.

You'll walk past the Musée Carnavalet (reopening after renovations at the end of 2019) and arrive at the 17th century Place des Voges, the oldest square in Paris, just in time for an aperitif.

Finish your evening with dinner at the superbly ornate Brasserie Bofinger at nearby Bastille, or head back into the Marais to Rue des Rosiers for some window shopping and a kosher feast at one of the many Jewish restaurants, left over from the days when the area was the city's Jewish quarter.

### DAY 3: Notre Dame and Montmartre

No trip to Paris is complete without visiting these two iconic monuments, made famous in film and literature.



Notre Dame and the islands

Day 3 starts with a visit to the very heart of Paris, Ile de la Cité, one of the two islands on the Seine and the official centre of Paris.

Notre Dame Cathedral opens at 8am so get there as early as possible to avoid the crowds. Access to the cathedral is free, but if you want to go up the tower or down to the crypt you'll need to pay (included in the [Paris Pass](#)).

Due to a recent fire, Notre-Dame cathedral will be closed until further notice.

Next stop, the Sainte-Chapelle (about a 5 minute walk away) to see the glorious stained-glass windows that illuminate this 13th century Gothic chapel.



As you're walking between Notre Dame and the Sainte-Chapelle you may see a massive flower market on your right, on Place Louis Lepine. The Marché aux Fleurs Reine Elizabeth II (renamed after the Queen in 2014 to commemorate her state visit) is open all day every day, and on Sundays gets louder and even more colourful when it is joined by the bird market.

If you have time, cross over to Ile St Louis, the smaller island behind Notre Dame, and pay a visit to Berthillon, the most famous ice cream parlour in Paris. If it's not ice cream weather, they also have a tea room for hot drinks. While you're there, have a wander around the island which has some of the most expensive and exclusive real estate in Paris.

If the weather is good and you have time, you can take a 1-hour river cruise, departing from the tip of Ile de la Cité, which will take you up as far as the Eiffel tower and drop you back at Pont Neuf. It's a good way to see all the monuments along the river from a different perspective and get some great photos.



Lunch in Montmartre

Next you're heading to Montmartre for lunch. Take line 4 from Cité Metro (direction Porte de Clignancourt) and get off at Barbes Rochechouart. It's not the nearest stop but it saves you having to change. This is a back way up to Montmartre and is a bit less busy than the main access from Abbesses Metro.

When you exit the Metro, walk west along Avenue Rochechouart and turn onto Rue de Clignancourt, then take the third street on the left, Rue André del Sarte. Don't be put off if the street looks a bit seedy, the whole area is being regenerated and trendy upmarket restaurants are moving in. At the end of the street take the flight of stairs on the right which will bring you up to a very pretty square with a choice of restaurants and terraces for lunch.



Then, take the next flight of stairs up from the square to just below the Sacré Coeur Basilica on the east side. Just one more flight of stairs to go and you're up at the top with superb views over Paris. Be aware that it gets very crowded, especially in peak periods.

The main village is to the west of the Basilica, around the Place du Tertre. It is very touristy so don't expect to find any bargains, but it's fun to browse the shops, galleries and restaurants and have your portrait or caricature done by one of the many artists on the square.

#### Top Tip

If you have any mobility issues the best option is to take a taxi or [Montmatrobus](#) from Pigalle as there are a lot of steps to get to the top. The funicular is only suitable if you can manage a couple of flights of steps or a steep walk, as it takes you to the level below the Basilica.

Once you get to the top, be aware that the streets are cobbled and quite uneven so walking may be difficult.



#### Palais Garnier and the big department stores

On your last afternoon in Paris it's probably time to hit the shops and pick up some gifts to bring home. From Montmartre, walk down to Abbesses Metro and take line 12 (direction Mairie d'Issy) and get off at Saint-Lazare station. Walk down Rue du Havre to the intersection with Boulevard Haussman. On your left you'll see Printemps, one of the biggest department stores in Paris

A bit further down the street, you will see Galeries Lafayette with its stunning internal stained-glass dome. Both stores extend over several buildings so there is plenty of choice.

Just opposite Galeries Lafayette you'll see the back of Palais Garnier, the original Opera house. Walk around the building to Place de l'Opera to see the stunning Neo-Baroque facade. [Guided tours](#) of the inside are available in English.



#### Last supper in Paris

While you're in the area of Opera, you may want to pop into the legendary Harry's New York Bar at 5 Rue Danou, for a cocktail or two and some star spotting.

When you're ready to eat there are plenty of restaurants around the area, from the elegant Cafe de La Paix, just next to Palais Garnier, to high street pizza joints. Serious carnivores should try A Coté on Rue Lafayette where you can order meat by the kilo and to share (they have English menus).

If you fancy something a bit more traditional, hop on the number 29 bus from the corner of Rue du Quatre Septembre and take it as far as Sebastopol-Etienne-Marcel. The restaurant you're heading to is [Chez Poulette](#), possibly one of the prettiest restaurants in Paris.

1. After visiting the Musée D'Orsay, what is recommended for breakfast if you are on a budget? (Day 1)
2. Le Louvre is the biggest museum in the world, but how big is it? (Day 2)
3. Which two architects designed the Pompidou centre? (Day 2)
4. Which Parisien landmark suffered a catastrophic fire? (Day3)
5. What is the name of the most famous ice-cream parlour in Paris? (Day 3)



## Different Benefits of



# READING IS GOOD IDEA

## LC2 Importance of dreams and goals



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### Year 9 MFL Reading homework

#### Why Having Dreams And Goals Is Essential For Your Future Life

Why Having Dreams And Goals Is Essential For Your Future Life?

Why having dreams and goals is essential for your future life?

Well, I'm usually not a person who loves to make random New Year's resolutions.

My experience shows me that I don't take those very seriously, lose interest or forget about them very soon.

#### Why Don't I Make Random New Year's Resolutions?

Doing more sports, going outside more, watching less TV, losing weight, etc. All things that somehow make sense but waiting for a year to begin is something that is, at least, pretty useless for me. If I don't do it at any time of the year, why should the 1st of January help?

Therefore, I stopped doing it long ago, and that was ok. However, I also realized that living without any goals is quite "useless" resp. "doesn't make sense" either; at least, I feel like it doesn't make sense to live this life. Even though it sounds a bit dramatic, there was a time in my life when I felt exactly like that and even thought, "it wouldn't matter if it ended just now."

#### How My Life Looks Without Having A Dream

The last time I felt this way was when Covid hit, and traveling was over. And even worse, everything was locked down, and I couldn't do anything. I couldn't follow my dream (one of my dreams is to see the world and travel) and didn't know what now. No other dreams or plans, and just living because of the living wasn't appealing to me. It's in my DNA to have some "goal" or "purpose" towards which I can move. It was the first time in my life that I realized that it wasn't enough to wake up every day and do the same thing day in and day out without knowing where I wanted to go.

Dreams are like a beacon that gives direction! Direction for your life!

Long story short, after some coaching and mentoring during the past years, that helped me to grow, change perspectives, and, more importantly, give me a chance to find out what I want in life and allow myself to dream again.

And for the first time, I did it! I thought about what I wanted to achieve, wrote those dreams and goals down, and started to "wander" again.



1. What's in their DNA? (Paragraph 2)
2. Why do they not make resolutions?
3. Why do they think having goals is important?
4. How do they describe dreams? (Paragraph 2)
5. How did coaching and mentoring help them grow? (Paragraph 2)



## Different Benefits of Reading Books



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LC3 – Le cyclisme

Year 9 MFL reading homework

## Cycling to Race



**Falling off!** coming a cropper headers taking a purler

### Useful special vocabulary

**Break** - a move by one or more riders to breakaway from main field  
**Classic** - one day race  
**Jump** - a break by an individual at the end of a race  
**Peloton** - main field of riders  
**Stage Race** - a race lasting more than one day  
**Time Trial** - individuals or teams start at regular intervals

Order of major stage race: **Prologue** **Stages** **Time Trial**

### Phrases

appalling road and weather conditions	official cars
braking too late	out of the saddle
charging down the steep, slippery hill	pedalling like mad to keep up
countering a strong attack	protective racing helmet
crashed out of the race	racing down the steep, slippery hill
crossed the winning line	rear wheel spinning
daring descent	record breaking attempt
exhausted from the very steep climb	sheer power climbing gave him the
free-wheeling down the hill	outright lead
hands upraised, the winner crossed the	sprinting ahead of the pack
line celebrating her/his victory	struggling to survive the climb
head down low over the handlebars	wheels slipped and slithered on the
impeded by an accident	slippery wet cobblestones
leading group topped the climb	whizzing down the hill
momentous victory	yellow jersey worn by the leader

### Vocabulary

accident	climbing	mountains	split	triumphant
adjustment	crashing	overtake	sponsors	unchallenged
ascent	cyclist	puncture	sprinters	upended
baulking	damage	qualification	summit	victorious
bicycle	descent	qualify	tactics	victory
brakes	exhausted	record	team work	windswept
buckled	field	slippery	tradition	windy
challenge	inducements	spectator	triumph	winner

## Cycling

### Phrases

attacked around the blind bend	spectators lined the route
break away group raced to the line	sped dangerously fast down the slippery hill
countered a strong attack	sprinted for the line. Won by width of a tyre
enjoyed free wheeling down hillside	streamlined, going downhill
hands raised, the winner crossed the line	stunning, outstanding performance
head down, low over the handlebars	team sheltered leader from the adverse winds
individual time trial	timed the attack perfectly
it was rough on the pebbled lanes	the crowd cheered the winner home
Keirin paced by the Derny bike	the peloton snaked its way through
lost time to rival in steep climb finish	they cycled through the pouring rain
lost control and created carnage	triumphant he/she claimed the stage
out of the saddle on the hill climb	used the slope of velodrome
produced a shock win	warned down on the 'fixed' cycle
puncture! Quickly changed bikes	wore aerodynamic helmet for time trial

### Vocabulary

ability	crashed	finish	peloton	seconds
accelerated	crowd	frame	participants	selected
accident	cyclist	handlebar	performance	sensational
accumulate	defend/ing	incredible	podium	spectator
achieve/ment	dérailleur	in/experience	practice (n)	sprint/er
adjustment	Derny bike	injured	practise (v)	squad
ambitious	descending	itinerary	preparation	streamlined
applaud	disappoint/ment	judge	pursuit	success
batting	discipline	kilometres	qualification	tactics
bicycle	dispatch/ed	magnificent	racer	target
celebrate	distance	medical	ranked	team
chain	dramatic	member	receive	thrill/ing
champion	dream	mountain	recovery	tough/est
classification	duel	multiple	referee	track
climber	emotion/al	opponent	reign/ing	tricycle
collision	endurance	outstanding	remarkable	tyres
competing	excite/ment	overtake	retain	velodrome
competitor	exhausted	pedals	rider	victory
contest	expect/ation	peddling	saddle	winner

### Velodrome

Elimination  
Omnium

### Races

Madison  
Scratch

1. What are 3 slang terms for falling off your bike?
2. How long is a classic race?
3. What item of clothing does the leader wear?
4. What is a group of cyclists called?
5. What happens in a time trial?



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## **LC4** French footballers

### Year 9 MFL Reading homework

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Famous French Footballers:



Zinedine Zidane, football player

**The maestro of football, known for his elegant play... and for giving the occasional headbutt when things get a bit heated.**

Ah, Zinedine Zidane, a name that dances on the tongues of football fans and commentators like a skilled ballerina, albeit one capable of the occasional 'nutcracker' performance. His career, a sublime tapestry woven with threads of sheer brilliance and moments of fiery passion, showcases the artistry football is capable of. Zizou, as he's affectionately known, didn't just play football; he composed symphonies with his feet, each movement a note, every goal a crescendo in the grand opus of his career.

At Juventus and later [Real Madrid](#), his feet whispered sweet nothings to the ball, convincing it to follow wherever he pleased, much to the dismay of defenders whose only recourse seemed to be admiring his handiwork or becoming unwitting participants in his highlight reels. Not content with merely orchestrating play, Zidane led France to World Cup glory in 1998, his two headers in the final against Brazil as elegant as they were decisive, proving that even in the most pressured moments, he could rise, quite literally, to the occasion. Off the pitch, Zidane's transition from player to manager was as seamless as one of his pirouettes, guiding Real Madrid to three consecutive Champions League titles, a feat as unprecedented as it was unthinkable.

Yet, for all his footballing genius, Zidane remained human, his infamous headbutt in the 2006 World Cup Final a stark reminder that even the brightest stars can momentarily flicker. But, in a curious way, that moment of madness only endeared him further to fans worldwide, a reminder that in football, as in life, perfection is a beautiful but fleeting dream. Ah, Zizou, football's very own flawed maestro, we wouldn't have you any other way.

Thierry Henry, football player



**Arsenal's legend and the man who made football look so easy, opponents thought they were playing against a smooth-talking ghost.**

Thierry Henry, often lovingly referred to as 'Titi' by those who hold him dear, was nothing short of a magician on the pitch, with the kind of footballing grace that could probably make a swan look clumsy in

comparison. At Arsenal, his home away from home, Henry transformed the act of scoring into an art form, painting the canvas of the football field with strokes of genius that left fans and foes alike in awe. His speed was blinding – defenders might've had better luck chasing shadows than attempting to keep up with him.

But Henry wasn't just about pace; his intelligence, his ability to read the game, and those deliciously crafted goals made it seem as though he was operating on a different plane of existence. It was as if he had a footballing crystal ball, always two steps ahead of the game. Remember that cheeky backheel goal or the times he'd simply walk the ball into the net with an air of nonchalance, leaving the goalkeeper wondering if he'd somehow offended Henry in a past life? Classic Titi.

Beyond his wizardry on the pitch, Henry also boasted a charisma that made him one of football's most beloved figures. His transition to punditry and coaching has been as smooth as one of his runs down the left flank, offering insights with the same elegance he once reserved for dribbling past defenders. In essence, Thierry Henry transcended the mere concept of a football player; he was, and continues to be, a purveyor of beautiful moments, etching memories in the minds of football fans that will be recounted with a smile and a shake of the head, as if to say, "Did he really just do that?" Indeed, he did. And what a joy it was to witness.

1. What is Zinédine Zidane's nick name?
2. Zinédine lead France to the World Cup Final in which year and against which country?
3. Which football team did he manage when Zinédine transitioned from player to manager?
4. What did Zinédine do in his moment of madness in the World Cup Final?
5. How many Champion League titles did Zinédine consecutively win as coach and manager?
6. What was Thierry Henry lovingly referred to as?
7. Thierry's footballing grace could make which bird look clumsy in comparison?
8. Which British football team did Thierry play for?
9. What kind of ball does Thierry metaphorically possess when he is two steps ahead of the game?
10. Thierry continues to etch memories in the minds of which people?



## Different Benefits of Reading Books